

The 2017 World EQ Summit
Mumbai
23-24 November

Conference Agenda
updated 15 July 2017

Venue
Hyatt Regency
Sahar Airport Road
Andheri East
Mumbai

www.6seconds.org/summit



At a Glance

Thursday, 23 November

08:30	Registration		
09:00	Welcome: How EQ Works, Jayne Morrison		
09:30	Keynote: Practicing EQ, Joshua Freedman		
10:20	Networking Break		
10:50	CS: Wendy Wu	CS: Tanabe Yasuhiro	CS: Dr Nomedra Maraziene
11:25	WS: Katherine Roff	WS: Dr Anabel Jensen	WS: Sandeep Kelkar
12:30	Lunch		
13:30	WS: Liana Bagworth	WS: Lea Brovedani	WS: Angela Giacoumis
15:00	Break		
15:30	WS: Tom Proccichiani	WS: Dr P Van Jaarsveld	WS: Lize Rech
16:30	Keynote: Future Ready Leaders, Dr Sue McNamara		
17:30	Close		

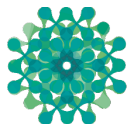
Friday, 24 November

08:30	Registration		
09:00	Welcome: People-Metrics, Jayne Morrison		
09:30	Keynote: Recovering from Pessimism – Exercising Optimism, Dr Anabel Jensen		
10:20	Networking Break		
10:50	CS: Joshua Freedman	CS: Solafa Batterjee	CS: Eldon Pascoe
11:25	WS: Dr Sarah Whyte	WS: Dr Yasmeen Al Balushi	WS: Amanda Moody
12:30	Lunch		
13:30	WS: Sereen & Manal	WS: Jim & Lynette Vaive	WS: Larisa Sohorca
15:00	Break		
15:30	WS: Dr Sue McNamara	WS: Jonathan Low	WS: Robin Hills
16:30	Closing: Connecting the Dots, Jayne Morrison		
17:30	Close		

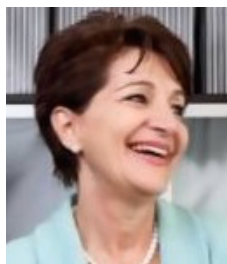
Agenda is subject to change without notice.

Key: CS = Case Study / WS = Workshop





The 2017 World EQ Summit
The Context for People Development
Thursday, 23 November



Jayne Morrison
Vision Awakener
SA / UK / UAE

Jayne is Regional Director of Six Seconds Middle East, Africa & India. With 25 years of leadership experience and a decade of practice in EQ, her passion is maximising the potential of people by supporting them to unlock their value and increase performance both personally and professionally.

09:00 Welcome: How EQ Works

- What lies at the heart of people development?
- Discover the secret ingredients of the Six Seconds Learning Philosophy.
- Prepare for a day that sparks ideas to put EQ into action to support a climate of high performance.



Joshua Freedman
Head+Heart Inspirer
USA / Canada

Best-selling author of *At the Heart of Leadership* plus four other books and seven psychometric assessments, Josh helps lead the global movement toward a more emotionally intelligent future. Blending neuroscience, business acumen, humour and practicality, he sees EQ as a simple and profoundly human exercise that we can all practice. A Master Certified Coach, Josh likes asking questions that take years to answer.

09:30 Keynote: Practicing EQ

What does it mean to Practice emotional intelligence, and why does that matter? What might happen if, around the world, people started to develop new skills to understand themselves and each other... and based on that insight, started connecting... and then stepping forward with renewed purpose? Would you like to live and work in a world where a billion people were doing that every day?

Take-Aways:

- Why does emotional intelligence matter today?
- What is EQ, and what does it mean to Practice?
- How can EQ become something practical in business and in every sector of society?



Wendy Wu
Wellbeing Connector
China

Wendy Wu is the Founder of Wonder Technology. The mission is to connect people in the most fun way by AI & Psychology. She is also the Founder of Six Seconds China and a global research leader for the Sustainable Happiness project.

10:50 Case Study: Sustainable Happiness

- What's the golden formula for happiness in this era of uncertainty?
- How to leverage the power of EQ in the formula of "sustainable happiness".
- How to leverage the power of Millennials & Technology to speed up the vision of EQ.





Tanabe Yasuhiro
EQ Leader Inspirer
Japan

Yasuhiro Tanabe is the Six Seconds' Regional Network Director for Japan and brings over 15 years of organizational development, training and leadership coaching experience to role. He has designed management and leadership programs for companies in all sectors and uses his expertise to support the growth of the EQ network in Japan.

10:50 Case Study: What does SEI data tell us about Japan?

- Data for Japan by gender age and position – what does this tell us?
- Explore how Japanese companies can raise the effectiveness of 30's+ male+middle managers's.
- How can the intrinsic motivation of this group be increased?



Dr Nomeda Maraziene
Leadership Doctor
Lithuania

Nomeda is a medical doctor who also holds a Master's Degree in Psychology. She is the CEO of the Leadership Experts Group, a training consultancy based in Vilnius. Nomeda is passionate about making a difference, especially for the youth in her native Lithuania.

11:20 Case Study: EQ for More Meaningful Learning

- A presentation on the implementation of several longitudinal EQ projects in schools and the results these projects have achieved.
- What are the key factors we adults have to consider when seeking to create the context for meaningful learning to exist in?
- What specific points could we learn from the children to become more mature adults, EQ wise (some principles of emotional navigation, empathy, compassion, optimism) and how could every member of the school community benefit from that change?



Katherine Roff
Vision-Made-Visible Director
UK

Katharine is the CEO of Act Positive, a UK based behavioural change consultancy which enables people to think, feel and act positively. Film, live drama and the use of story drives engaging, lively and experiential learning. Imagine a character, their situation and being able to walk in their shoes; that is the hallmark of her work.

11:30 Workshop: Crossing the Line

- Develop insight to emotional and behavioural patterns.
- Create new ways of navigating thoughts, feelings and actions.
- Practise getting results by crossing the line between current and future emotional states.





Dr Anabel Jensen

*SEL Pioneer
USA*

Dr Anabel Jensen is President of Six Seconds, Cofounder of Synapse School and Professor of Education, Notre Dame de Namur University. She has over 40 years of pioneering work in teaching the principles of emotional intelligence and has trained over 20,000 educators. In 2015, Anabel was named in the top 100 Women of Influence List by the Silicon Valley Business Journal for her work in the field of emotional intelligence.

11:30 Workshop: Enhance Emotional Literacy with Ice Cream

- Emotions have many different intensity levels.
- Naming our emotions cools the amygdala and leads to transformation.
- Transforming emotions leads to improved creative problem solving.



Dr Sandeep Kelkar

*Paediatrician with Heart
India*

Sandeep is a Paediatrician and, for over a decade, a passionate advocate of EQ. He is also the Founding Chairman of 'Equipkids', an ISO 9001-2015 Certified Emotional Intelligence Research and Training Institute which does comprehensive work for children, parents, teachers and other professionals committed to enhancing the emotional health and welling of children.

11:30 Workshop: EQ and Mindfulness

- Insight into seven foundational attitudes required for Mindfulness.
- How the skills of Emotional Intelligence can be systematically enhanced in schools by Mindfulness Training Course.
- Infusing Mindfulness Training Course in schools to help children become less stressed out and more resilient



Liana Bagworth

*Strategy-People Aligner
Canada / UAE*

Liana is the Managing Partner at Dynamic Learning and she is a catalyst for human flourishing. She facilitates individuals, teams and organizations through their growth and transformation journeys. She is committed to life-long learning, sharing and growing, globally. Her expertise is the strategic use of EQ and culture transformation.

13:30 Workshop: The Ripple Effect of EQ – A Framework for Organisational Performance

- Introduce a working framework for the link between "emotions drive people, people drive performance" at the organization, team and individual levels.
- Create a powerful map for using emotional intelligence as THE enabler for optimal performance - starting at the organizational level.
- Develop your own maps relative to your organisations.





Lea Brovedani
Trust Architect
Canada

Recently honoured at Trust Across America 2017 as a Top Thought Leader in Trust, Lea is author of two books "TRUSTED – Secret Lessons from an Inspired Leader" and "Rebuilding Trust" as well as co-author of 3 others. Prior to her work in trust Lea spent 10 years studying and working in the field of emotional intelligence.

13:30 Workshop: The 5 Commandments of Trust for Successful Leadership

- Learn the 5 essential commandments of trust.
- Identify the opportunities for building trust.
- Recognize when trust is at risk.



Angela Giacomis
People Whisperer
Australia

A dynamic business leader, entrepreneur & ICF certified coach, Angela is a sought-after facilitator, speaker and coach operating at the nexus of business and neuroscience. Angela's unique combination of experience enables her to support people through change by assisting them to develop strategies to optimise their success, resilience and wellbeing.

13:30 Workshop: Unlocking the Greatness of EQ

- Discover strategies to unlock the greatness in people.
- Learn how to integrate EQ into hiring, coaching and development programs.
- Gain insights through real examples and case studies.



Tommaso Proccichiani
Design Engineer
Italy

Tom has a unique background with an MBA in Management Engineering, a unique program about business management and applied engineering. He brings together technical know-how and business logic to create innovative solutions and powerful tools to connect people and boost organizational performance. He leads "Design Engineering" at Six Seconds.

15:30 Workshop: Metrics for Performance – Measure What Matters to Create Value

- Explore the latest data from Six Seconds' research linking EQ to people-performance to build a case for putting EQ into action.
- Discover specific approaches to measure what matters.
- Learn how to take the 'soft people stuff' and use data to create an actionable framework





Dr Pieter van Jaarsveld
Inspiring Psychologist
South Africa

Dr Pieter van Jaarsveld is a psychologist, and a recognized international consultant in leadership development. He has presented radio and TV programmes and is a regular keynote speaker at international conferences. He has published three best sellers, including his latest book on emotional intelligence is "Think your way to happiness".

11:30 Workshop: Think your Way to Happiness

- Why is happiness the number one need in the world?
- What is the impact of happiness on yourself, relationships and productivity?
- Discover techniques to enhance your own happiness level.



Lize Rech
Learning Revolutionizer
South Africa / UAE

Lize Rech is an educator with 20 years of experience in all sectors: kindergarten, primary and secondary school, tertiary education and adult education. She previously worked as a Primary School Principal and now continues to support the development of others in her role with Six Seconds. Lize uses EQ in her role as wife, mother, educator and human being.

15:30 Workshop: Promoting EQ in Schools – SEL Benchmarks for Educators

- Unpack the Six Seconds' framework for implementation of social emotional learning (SEL).
- Engage in experimental activities for personal EQ development and support of classroom culture.
- Take away strategies for whole school implementation.



Dr Sue McNamara
Positive Growth Enabler
UK / Singapore

Sue is the Six Seconds Regional Network Director for Asia Pacific, based in Singapore. She has over 25 years of experience in the field of leadership and training, coupled with over 20 years in the field of education. Sue is passionate about supporting individuals, teams and organizations to thrive.

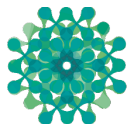
16:30 Keynote: Future Ready Leaders

Amongst the uncertainty of what the future holds, one thing is for sure; that we live in times of change and as John F Kennedy said, "Change is the law of life and those who look only to the past or present are certain to miss the future." Leaders will soon be leading people in jobs that don't yet exist to solve problems we don't even know are problems yet. In such an unknown world, leaders need to equip themselves with the skills, attitudes and knowledge to create climates to allow others to thrive in this exciting but volatile, uncertain, complex and ambiguous future landscape?

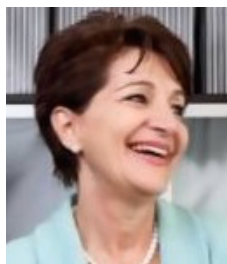
Take-Aways

- Determine the changes afoot with the 4th industrial revolution.
- Learn what millennials want from the workplace and discover the qualities needed to be a future ready leader.
- Understand the outcomes of your leadership on your teams and organizations success.





The 2017 World EQ Summit
Emotional Intelligence in Action
Friday, 24 November



Jayne Morrison
Vision Awakener
SA / UK / UAE

Jayne is Regional Director of Six Seconds Middle East, Africa & India. With 25 years of leadership experience and a decade of practice in EQ, her passion is maximising the potential of people by supporting them to unlock their value and increase performance both personally and professionally.

09:00 Welcome: People-Metrics

- People-metrics are high on HR's agenda.
- Where does EQ fit?
- What value can it add for leaders focused on performance?



Dr Anabel Jensen
SEL Pioneer
USA

Dr Anabel Jensen is President of Six Seconds, Cofounder of Synapse School and Professor of Education, Notre Dame de Namur University. She has over 40 years of pioneering work in teaching the principles of emotional intelligence and has trained over 20,000 educators. In 2015, Anabel was named in the top 100 Women of Influence List by the Silicon Valley Business Journal for her work in the field of emotional intelligence.

09:30 Keynote: Recovering from Pessimism – Exercising Optimism

The students of today need to be liberated from over scheduling and over testing. Come and discover how emotional intelligence assessments and programs can rescue our children and revolutionize our schools. Participants will discover ideas, techniques and tools for the improved engagement of students that garners significant growth in achievement, dramatically better relationships, and less involvement in the use of alcohol and drugs for escape.

Take-Aways:

- Mental and physical wellness are worth as much as academics.
- Relationships are the foundation of a healthy and happy life.
- School change must be supported by both teachers and parents working together.



Joshua Freedman
Head+Heart Inspirer
USA / Canada

CEO and cofounder of Six Seconds, The Emotional Intelligence Network, and Master Certified Coach. Josh supports the worldwide community for emotional intelligence. Turning leading-edge science and a spark of humor into practical tools and methods inspiring people to build deeper insight, stronger connection, and more meaningful purpose. Josh is the coauthor of seven psychometric assessments and the bestselling author of *At the Heart of Leadership* plus four other books, the latest: *Whole-Hearted Parenting*.



10:50 Case Study: Wholehearted Parenting

- A new way to understand emotion as something 'neutral' rather than chasing some emotions like happiness and rejecting others as bad.
- Reconciliation (or at least a little) with the critical voices of our own parents.
- A vision of ourselves as learners challenged to reach new heights by Pursuing Noble Goals through parenting.



Solafa Batterjee
Chief Empathy Catalyst
Saudi Arabia

Solafa Batterjee is the CEO of Dorooob, an endowment company based in Jeddah, and a Six Seconds' Preferred Partner. Dorooob invests in education on a regional scale, to empower agents of positive change in their societies. Solafa is a passionate change agent with more than 16 years of experience in developing and managing projects that empower youth and women.

10:50 Case Study: UN Celebrations with EQ Twists

- Linking corporate objectives with UN celebrations for a Nobel goal.
- The EQ value in relationships, decision-making, influence and most importantly balance, in creating a link between personal-life and corporate-life balance.
- Ideas for SMART Practices.



Eldon Pascoe
Capacity Builder
Australia / Singapore

Eldon is the former head of an IB World School, a recognised authority in Gifted and Talented education, and respected professional learning provider. He has both Bachelors and Master's Degrees in Education. In his current role as Director of Professional Development at the British Council he leads teams that provide corporate training and leadership programs across the world.

10:50 Case Study: Recruiting using EQ Questions

- Learn how to ask the right questions to really find out what drives an individual and where their passions lie.
- Develop questioning techniques to ensure you get the right people for your organization at the right time.
- Discover what motivates your employees and how you can empower them to deliver on both your organisations' goals as well as their own.



Dr Sarah Whyte
SEL Changemaker
UK / Singapore

Dr Sarah Whyte is the leading expert on Third Culture Kids (TCKs) in Asia and one of only a handful of people to hold a doctorate in this field of study. Her doctoral thesis focused on applying emotional intelligence to support expatriate children with the challenges of transition. She works as a consultant, trainer and ICF ACC Coach in Singapore.

11:30 Workshop: Engaging Emotional Literacy in the Classroom



- Understand the importance of being able to name feelings.
- Discover fun and practical strategies to develop emotional language in the classroom.
- Develop your emotional vocabulary as an educator.



Dr Yasmeen Al Bulushi
Leadership Catalyst
Oman

Dr Yasmin Al Bulushi has spent her lifetime acquiring practical experience in both academia and training with the main purpose of further enhancing the development of Omani society. She passionately believes in creating positive changes in the lives of people around her through education and is currently the Dean of Muscat College.

11:30 Workshop: Trust – A Key Driver for Organisational Effectiveness

- Explore the key role of trust in organisational performance, and learn how organisational climate develops.
- Participate in an experimental activity of trust building, and recognise how trust can increase performance.
- Discuss the business challenges that are faced when trust is lost.



Amanda Moody
People Developer
UK / Singapore

Director of the Professional Development Centre for British Council Singapore, Amanda is passionate about employing EQ. She is committed to service and deep vertical development of individuals so they can lead a life of connection and fulfilment. Authentic conversations and enhancing strong self-awareness are the key to Amanda's success as a leader, coach and facilitator.

11:30 Workshop: Using EQ to Create Executive Presence

- Understand why executive presence matters and how it links to your business.
- Discover the 3 Cs of Executive Presence and techniques for building presence under pressure.
- Learn about the new Six Seconds Executive Presence tool.



Sreen Abu Maizar & Manal Milbes
PreQ SEED Planters
Jordan

Co-Founders of Indigo, Six Seconds Preferred Partner in Jordan, Sreen and Manal's strong belief in the importance of children's Social and Emotional Learning led them to combine their expertise and passion in developing various programs, including SEED, a program that nurtures children's EQ.

13:30 Workshop: Plant a SEED

- Explore the 4-step SEED program, a powerful social emotional learning strategy.



- Learn how puppets can assist in identifying children's feelings and understanding of the world.
- Share in SEED experiences, theory vs practical outcomes.



Jim Vaive & Lynette Vaive
People-Purpose Connector & Best-Self Coach
 USA

Jim and Lynette Vaive are Six Seconds' Regional Network Co-Directors for North America. They combine their business and healthcare backgrounds using the power of EQ and coaching to support the growth of Preferred Partners, organisations and individuals in the NAMER certified network.

13:30 Workshop: Exploring the Spiritual Dimensions of EQ

- Consider how external and internal belief systems may challenge and enhance personal growth.
- Discuss the concept of non-dualism and its importance in the spiritual dimension.
- Learn how enlarging our perspectives can enhance connection



Larisa Sohorca
EQ Performance Enabler
 Romania / UAE

Larisa is the People Development Partner at Dynamic Learning, a Six Seconds' Preferred Partner. Her passion is EQ and her strength lies in integrating this and the latest neuroscience into practical tools for her clients in the Middle East. Larisa is currently pursuing a Master in Coaching and Behavioural Change at Henley Business School in UK.

13:30 Workshop: The Ripple Effect of EQ – EQ is My Job Description

- Introduce a working framework for the link between "emotions drive people, people drive performance" at the individual level.
- Create a powerful map for using EQ as the enabler for optimal performance.
- Provide actionable tools to strengthen self-awareness.



Dr Sue McNamara
Positive Growth Enabler
 UK / Singapore

Sue is the Six Seconds Regional Network Director for Asia Pacific, based in Singapore. She has over 25 years of experience in the field of leadership and training, coupled with over 20 years in the field of education. Sue is passionate about supporting individuals, teams and organizations to thrive.

13:30 Workshop: New Economy Life Skills

- Learn the essential talents and skills everyone will need to thrive in a VUCA world.
- Discover your own brain talents and styles.
- Explore practical steps to transfer the learning from the workshop into practice.





Jonathan Low
Sales and Service Optimiser
Malaysia

Jonathan centres his speaking and executive coaching work with organisations and senior executives around the premise that increased self-awareness accelerates professional relations and business success. He works with them to measurably improve their leadership effectiveness and business performance, especially in the areas of customer service and sales.

11:30 Workshop: Real Customer Care with EQ

- Achieve personal mastery and ownership in making the “Possibility” a “Reality” for higher employee productivity, engagement and loyalty.
- Build key and meaningful relationships that matter, centred around EQ, in achieving impeccable service experience and breakthrough in interpersonal and business relationship.
- Learn three different ways to motivate and develop the capabilities of your leaders in delivering real customer care.



Robin Hills
Empowerer of Emotional Management
UK

Robin is Director of Ei4Change, a company specialising in training, coaching and personal development focused around emotional intelligence, positive psychology and neuroscience. Through his work, Robin has researched emotional resilience within the work environment focussing on experiential techniques that support coaching interventions.

15:30 Workshop: Images of Resilience

- Gain new insights and perspectives around resilience.
- Explore the use of a coaching toolbox designed to facilitate the development of personal and team resilience.
- Understand the use of metaphor as an expression of resilience.



Jayne Morrison
Vision Awakener
SA / UK / UAE

Jayne is Regional Director of Six Seconds Middle East, Africa & India. With 25 years of leadership experience and a decade of practice in EQ, her passion is maximising the potential of people by supporting them to unlock their value and increase performance both personally and professionally.

16:30 Closing: Joining the Dots

- How do we “join the dots”?
- Interactive panel discussion with Speakers and Delegates.
- Insights, applications and opportunities to put take-aways into practice...

