

**The 2017 World EQ Summit**  
**Dubai**  
18-20 November

**Conference Agenda**  
*updated 15 July 2017*

*Venue*  
*Conference Centre*  
*Dubai Knowledge Park*  
*Al Soufah Road*  
*Dubai*

[www.6seconds.org/summit](http://www.6seconds.org/summit)



The 2017 World EQ Summit  
Dubai  
18-20 November

## At a Glance

### Saturday, 18 November

09:00	Registration		
09:30	Welcome: The Secret Ingredient, Jayne Morrison		
10:00	Keynote: Educating Changemakers – The Future of Education, Dr Anabel Jensen		
11:00	Networking Break		
11:20	CS: Dr Nomedra Maraziene	WS: Lize Rech	
11:55	CS: Sanjoli Chimni Pande		
12:30	Lunch		
13:30	WS: Dr Sue McNamara	WS: Sereen Abu Maizar & Manal Milbes	
15:00	Break		
15:30	WS: Dr Adel Batterjee	WS: Alison Lalieu	
16:30	Keynote: At the Heart of Learning & Parenting, Joshua Freedman		
17:15	Close		

### Sunday, 19 November

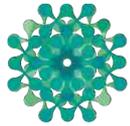
08:30	Registration		
09:00	Welcome: How EQ Works, Jayne Morrison		
09:30	Keynote: Practicing EQ, Joshua Freedman		
10:20	Networking Break		
10:50	CS: Dr Mariam Ketait	CS: Eldon Pascoe	CS: Lara Williams
11:30	WS: Dr Anabel Jensen	WS: Jonathan Low	WS: Dr P van Jaarsveld
12:30	Lunch		
13:30	WS: Liana Bagworth	WS: Angela Giacoumis	WS: Jim & Lynette Vaive
15:00	Break		
15:30	WS: Tom Proccicchiani	WS: Maria Olsson	WS: Avril Kidd
16:30	Keynote: Future Ready Leaders, Dr Sue McNamara		
17:30	Close		

### Monday, 20 November

08:30	Registration		
09:00	Welcome: People-Metrics, Jayne Morrison		
09:30	Keynote: EQ Balance Sheet and Resonant Leadership, Ayman Sawaf		
10:20	Networking Break		
10:50	CS: Nehad Tadros	CS: Erdem Ercan	CS: Dr Abdulhai Meghad
11:30	WS: Chantel Samanel	WS: Robin Hills	WS: Dr P Hatherley-Greene
12:30	Lunch		
13:30	WS: Larisa Sohorca	WS: Lea Brovedani	WS: Mat East
15:00	Break		
15:30	WS: Katherine Roff	WS: Alison Lalieu	WS: Yuyang Zou
16:30	Close: Connecting the Dots, Jayne Morrison		
17:30	Close		

**Agenda is subject to change without notice.**  
**Key: CS = Case Study / WS = Workshop**





**The 2017 World EQ Summit**  
**The Heart of Education**  
Saturday, 18 November



**Jayne Morrison**  
*Vision Awakener*  
SA / UK / UAE

Jayne is Regional Director of Six Seconds Middle East, Africa & India. With 25 years of leadership experience and a decade of practice in EQ, her passion is maximising the potential of people by supporting them to unlock their value and increase performance both personally and professionally.

**09:30 Welcome: The Secret Ingredient**

- What lies at the heart of great learning?
- Discover the secret ingredients of the Six Seconds Learning Philosophy.
- Prepare for a day that sparks ideas to put EQ into action to support a climate of growth.



**Dr Anabel Jensen**  
*SEL Pioneer*  
USA

Dr Anabel Jensen is President of Six Seconds, Cofounder of Synapse School and Professor of Education, Notre Dame de Namur University. She has over 40 years of pioneering work in teaching the principles of emotional intelligence and has trained over 20,000 educators. In 2015, Anabel was named in the top 100 Women of Influence List by the Silicon Valley Business Journal for her work in the field of emotional intelligence.

**10:00 Keynote: Education Changemakers – The Future of Education**

Come and discover how emotional intelligence assessments and programs can rescue our children and revolutionize our schools. Participants will discover ideas, techniques and tools for the improved engagement of students that garners significant growth in achievement, dramatically better relationships, and less involvement in the use of alcohol and drugs for escape.

**Take-Aways:**

- Mental and physical wellness are worth as much as academics.
- Relationships are the foundation of a healthy and happy life.
- School change must be supported by both teachers and parents working together.



**Dr Nomeda Maraziene**  
*Leadership Doctor*  
Lithuania

Nomeda is a medical doctor who also holds a Master's Degree in Psychology. She is the CEO of the Leadership Experts Group, a training consultancy based in Vilnius. Nomeda is passionate about making a difference, especially for the youth in her native Lithuania.

**11:20 Case Study: EQ for More Meaningful Learning**

- A presentation on the implementation of several longitudinal EQ projects in schools and the results these projects have achieved.
- What are the key factors we adults have to consider when seeking to create the context for meaningful learning to exist in?
- What specific points could we learn from the children to become more mature adults, EQ wise (some principles of emotional navigation, empathy, compassion, optimism) and how could every member of the school community benefit from that change?





**Sanjoli Chimni Pande**  
*Mind & Heart Educator*  
India

Sanjoli is the Founder of the Mind and Heart Foundation, which supports Individuals and Organizations to work more purposefully towards their goals. She has worked with over 8,000 adults and children in over 700 schools, colleges, universities and organisations to support positive change and nurture healthier, happier, more productive & sustainable communities.

**11:20 Case Study: Equipping Schools to move to where they want to be!**

- Recognise the value and meaning of identifying and communicating project goals clearly and precisely to ensure you don't fall into the trap of achieving one goal at the cost of another.
- Identify how to use EVS and SEI assessment data to move purposefully towards school goals.
- Discover why having the right knowledge, skills & tools is critical to navigating change and creating a context that supports the achievement of goals – it's not just what you do, but how you do it and why you do it!



**Lize Rech**  
*Learning Revolutionizer*  
South Africa / UAE

Lize Rech is an educator with 20 years of experience in all sectors: kindergarten, primary and secondary school, tertiary education and adult education. She previously worked as a Primary School Principal and now continues to support the development of others in her role with Six Seconds.

**11:20 Workshop: Promoting EQ in Schools – SEL Benchmarks for Educators**

- Unpack the Six Seconds' framework for implementation of social emotional learning (SEL).
- Engage in experimental activities for personal EQ development and support of classroom culture.
- Take away strategies for whole school implementation.



**Dr Sue McNamara**  
*Positive Growth Enabler*  
UK / Singapore

Sue is the Six Seconds Regional Network Director for Asia Pacific, based in Singapore. She has over 25 years of experience in the field of leadership and training, coupled with over 20 years in the field of education. Sue is passionate about supporting individuals, teams and organizations to thrive.

**13:30 Workshop: Skills for the 4<sup>th</sup> Industrial Revolution**

- Learn the essential talents and skills every child needs to thrive in a VUCA world.
- Discover your own brain talents and styles.
- Explore practical steps to transfer the learning from the workshop into practice.



### **Sereen Abu Maizar & Manal Milbes**

*PreQ SEED Planters*

*Jordan*

Co-Founders of Indigo, Six Seconds Preferred Partner in Jordan, Sereen and Manal's strong belief in the importance of children's Social and Emotional Learning led them to combine their expertise and passion in developing various programs, including SEED, a program that nurtures children's EQ.

#### **13:30 Workshop: Plant a SEED**

- Explore the 4-step SEED program, a powerful social emotional learning strategy.
- Learn how puppets can assist in identifying children's feelings and understanding of the world.
- Share in SEED experiences, theory vs practical outcomes.



### **Dr Adel A Batterjee**

*Educational Philanthropist*

*Saudi Arabia*

Dr Adel Batterjee has been an educator for the past 30 years with PhDs in Psychology & Education. His specialty is working with gifted children to promote positive change in societies. As the Chairman of Waad Holding, he provides consultation to schools and parents, and training to students and teachers, in both Saudi Arabia and Sudan.

#### **15:30 Workshop: An Equation for Academic Success: $\downarrow (E+I)*Q$**

- IQ correlates with academic and life success.
- EQ is the emotional barometer of our lives.
- EQ and IQ are both related to a balanced and successful life.



### **Alison Lalieu**

*Neuro-Coach with Heart*

*Australia*

Alison Lalieu is a brain-based NeuroCoach, who is deeply passionate about blending Emotional Intelligence (EQ) concepts into a holistic, life changing Coaching experience. As the founder and CEO of UBalancer Solutions, Alison and her team of 20 NeuroCoaches are dedicated to super-charging the effectiveness of tomorrow's leaders, today.

#### **15:30 Workshop: Wholehearted Learning – The UCare Approach**

- Introducing The UCare SEL program to 3 schools in Brisbane, Queensland – why & how?
- The EQ coaching/workshop intervention & outcomes (3 case studies).
- Parenting workshops – how parents became involved.





**Joshua Freedman**  
*Head+Heart Inspirer*  
USA / Canada

CEO and Cofounder of Six Seconds, Josh supports the worldwide community for emotional intelligence. Turning leading-edge science into practical tools and methods inspiring people to build deeper insight, stronger connection, and more meaningful purpose. Josh is the co-author of seven psychometric assessments and the bestselling author of *At the Heart of Leadership* plus four other books, the latest: *Whole-Hearted Parenting*.

**16:30 Keynote: At the Heart of Learning & Parenting**

*If we could give children just one skill, what would it be? Amidst the shifting tides of economic, social and political change, children today are growing up more stressed, more isolated, and more narcissistic than ever. Is that what we really need for the future, and want for the children we love and nourish?*

**Take-Aways:**

- What is 'success' in education today?
- How can emotional intelligence help us build that success for education and our students?
- What does it mean to 'practice' emotional intelligence as an educator and/or parent?



**The 2017 World EQ Summit**  
**The Context for People Development**  
Sunday, 19 November



**Jayne Morrison**  
*Vision Awakener*  
SA / UK / UAE

Jayne is Regional Director of Six Seconds Middle East, Africa & India. With 25 years of leadership experience and a decade of practice in EQ, her passion is maximising the potential of people by supporting them to unlock their value and increase performance both personally and professionally.

**09:00 Welcome: How EQ Works**

- What lies at the heart of people development?
- Discover the secret ingredients of the Six Seconds Learning Philosophy.
- Prepare for a day that sparks ideas to put EQ into action to support a climate of high performance.



**Joshua Freedman**  
*Head+Heart Inspirer*  
USA / Canada

Best-selling author of *At the Heart of Leadership* plus four other books and seven psychometric assessments, Josh helps lead the global movement toward a more emotionally intelligent future. Blending neuroscience, business acumen, humour and practicality, he sees EQ as a simple and profoundly human exercise that we can all practice.

**09:30 Keynote: Practicing EQ**

What does it mean to Practice emotional intelligence, and why does that matter? What might happen if, around the world, people started to develop new skills to understand themselves and each other... and based on that insight, started connecting... and then stepping forward with renewed purpose? Would you like to live and work in a world where a billion people were doing that every day?

**Take-Aways:**

- Why does emotional intelligence matter today?
- What is EQ, and what does it mean to Practice?
- How can EQ become something practical in business and in every sector of society?



**Dr Mariam Abdulla Ketait**  
*Wellbeing Expert*  
UAE

Dr Mariam Abdulla Ketait is a family physician and holistic health advocate, who has developed the Wellbeing Prescription, a tool to help individuals reconnect with their health and wellbeing through having a positive mind set. She works with the UAE Government as an advisor on wellbeing and integrative health.

**10:50 Case Study: The Wellbeing Prescription**

- What is health?
- Key elements to a happier and healthier life.
- Meditation as a way of life.





**Eldon Pascoe**  
*Capacity Builder*  
*Australia / Singapore*

Eldon is the former head of an IB World School, a recognised authority in Gifted and Talented education, and respected professional learning provider. He has both Bachelors and Master's Degrees in Education. In his current role as Director of Professional Development at the British Council he leads teams that provide corporate training and leadership programs across the world.

#### 10:50 Case Study: Recruiting using EQ Questions

- Learn how to ask the right questions to really find out what drives an individual and where their passions lie.
- Develop questioning techniques to ensure you get the right people for your organization at the right time.
- Discover what motivates your employees and how you can empower them to deliver on both your organisations' goals as well as their own.



**Lara Williams**  
*Energy Optimizer*  
*UK*

Lara is a people performance L&D Consultant & Executive Coach with 15 years' experience in private and public sector companies. She's the co-founder of Momentum4, a Learning & Development Consultancy. Momentum4 has recently become the first UK Preferred Partner with Six Seconds. Momentum4 now embeds their tools and methodologies to deliver transformational change.

#### 10:50 Case Study: Promoting Leaders' Emotional Intelligence

- Learn how to create transformational change and enhance performance in a team.
- Discover how Six Seconds assessment tools generate relevant data, provide meaningful insights, enable sustainable actions and create value through marginal gains
- Understand how TRUST sits at the centre of team success!



**Dr Anabel Jensen**  
*SEL Pioneer*  
*USA*

Dr Anabel Jensen is President of Six Seconds, Cofounder of Synapse School and Professor of Education, Notre Dame de Namur University. She has over 40 years of pioneering work in teaching the principles of emotional intelligence and has trained over 20,000 educators. In 2015, Anabel was named in the top 100 Women of Influence List by the Silicon Valley Business Journal for her work in the field of emotional intelligence.

#### 11:30 Workshop: Enhance Emotional Literacy with Ice Cream

- Emotions have many different intensity levels.
- Naming our emotions cools the amygdala and leads to transformation
- Transforming emotions leads to improved creative problem solving.





**Jonathan Low**  
*Sales and Service Optimiser*  
*Malaysia*

Jonathan centres his speaking and executive coaching work with organisations and senior executives around the premise that increased self-awareness accelerates professional relations and business success. He works with them to measurably improve their leadership effectiveness and business performance, especially in the areas of customer service and sales.

**11:30 Workshop: Real Customer Care with EQ**

- Achieve personal mastery and ownership in making the “Possibility” a “Reality” for higher employee productivity, engagement and loyalty.
- Build key and meaningful relationships that matter, centred around EQ, in achieving impeccable service experience and breakthrough in interpersonal and business relationship.
- Learn three different ways to motivate and develop the capabilities of your leaders in delivering real customer care.



**Dr Pieter van Jaarsveld**  
*Inspiring Psychologist*  
*South Africa*

Dr Pieter van Jaarsveld is a psychologist, and a recognized international consultant in leadership development. He has presented radio and TV programmes and is a regular keynote speaker at international conferences. He has published three best sellers, including his latest book on emotional intelligence is “Think your way to happiness”.

**11:30 Workshop: Think your Way to Happiness**

- Why is happiness the number one need in the world?
- What is the impact of happiness on yourself, relationships and productivity?
- Discover techniques to enhance your own happiness level.



**Liana Bagworth**  
*Strategy-People Aligner*  
*Canada / UAE*

Liana is the Managing Partner at Dynamic Learning and she is a catalyst for human flourishing. She facilitates individuals, teams and organizations through their growth and transformation journeys. She is committed to life-long learning, sharing and growing, globally. Her expertise is the strategic use of EQ and culture transformation.

**13:30 Workshop: The Ripple Effect of EQ – A Framework for Organisational Performance**

- Introduce a working framework for the link between "emotions drive people, people drive performance" at the organization, team and individual levels.
- Create a powerful map for using emotional intelligence as THE enabler for optimal performance - starting at the organizational level.
- Develop your own maps relative to your organisations.





**Angela Giacomis**

*People Whisperer  
Australia*

A dynamic business leader, entrepreneur & ICF certified coach, Angela is a sought-after facilitator, speaker and coach operating at the nexus of business and neuroscience. Angela's unique combination of experience enables her to support people through change by assisting them to develop strategies to optimise their success, resilience and wellbeing.

**13:30 Workshop: Unlocking the Greatness of EQ**

- Discover strategies to unlock the greatness in people.
- Learn how to integrate EQ into hiring, coaching and development programs.
- Gain insights through real examples and case studies.



**Jim Vaive & Lynette Vaive**

*People-Purpose Connector & Best-Self Coach  
USA*

Jim and Lynette Vaive are Six Seconds' Regional Network Co-Directors for North America. They combine their business and healthcare backgrounds using the power of EQ and coaching to support the growth of Preferred Partners, organisations and individuals in the NAMER certified network.

**13:30 Workshop: Purpose-Drive Business – Developing an Organizational Noble Goal**

- Illustrate setting the stage for Noble Goal work.
- Develop the Organizational Noble Goal process.
- Consider applications of the Organizational Noble Goal.



**Tommaso Proccichiani**

*Design Engineer  
Italy*

Tom has a unique background with an MBA in Management Engineering, a unique program about business management and applied engineering. He brings together technical know-how and business logic to create innovative solutions and powerful tools to connect people and boost organizational performance. He leads "Design Engineering" at Six Seconds.

**15:30 Workshop: Metrics for Performance – Measure What Matters to Create Value**

- Explore the latest data from Six Seconds' research linking EQ to people-performance to build a case for putting EQ into action.
- Discover specific approaches to measure what matters.
- Learn how to take the 'soft people stuff' and use data to create an actionable framework





**Maria Olsson-Bitschnau**

*EQ Coach Builder  
Austria*

Maria Olsson-Bitschnau is the Six Seconds' Regional Network Director for Europe, supporting effective EQ implementation in all sectors, by coaching trainers, consultants, and coaches to unlock people's capabilities. She has experienced first-hand that EQ is the missing link between awareness and results.

**15:30 Workshop: Blending Artificial and Human Intelligence to Supercharge Coaching**

- Discover why Coaching and Emotional Intelligence are inseparable.
- Learn how to employ intuition and Artificial Intelligence in coaching.
- Identify key practice for improving coaching with a practical case.



**Avril Kidd**

*EQ Action Catalyst  
South Africa*

Avril is the owner of EQinACTION, the Six Seconds Preferred Partner in South Africa. She has a BSc in Industrial Psychology and 20 years of corporate experience where she held several Directorships and senior management positions. Avril now works with corporate teams, individuals and schools throughout South Africa.

**15:30 Workshop: Unlocking your Brain Style for Greater Performance**

- Gain insights from your own Brain Style Profile.
- Understand how your Brain Profile impacts relationships, effectiveness, communication and decision making.
- Learn how to use the Brain Profiles to improve how you relate to others.



**Dr Sue McNamara**

*Positive Growth Enabler  
UK / Singapore*

Sue is the Six Seconds Regional Network Director for Asia Pacific, based in Singapore. She has over 25 years of experience in the field of leadership and training, coupled with over 20 years in the field of education. Sue is passionate about supporting individuals, teams and organizations to thrive.

**16:30 Keynote: Future Ready Leaders**

Amongst the uncertainty of what the future holds, one thing is for sure; that we live in times of change and as John F Kennedy said, "Change is the law of life and those who look only to the past or present are certain to miss the future." Leaders will soon be leading people in jobs that don't yet exist to solve problems we don't even know are problems yet. In such an unknown world, leaders need to equip themselves with the skills, attitudes and knowledge to create climates to allow others to thrive in this exciting but volatile, uncertain, complex and ambiguous future landscape?

**Take-Aways**

- Determine the changes afoot with the 4th industrial revolution.
- Learn what millennials want from the workplace and discover the qualities needed to be a future ready leader.
- Understand the outcomes of your leadership on your teams and organizations success.





**The 2017 World EQ Summit**  
**Emotional Intelligence in Action**  
Monday, 20 November



**Jayne Morrison**  
*Vision Awakener*  
SA / UK / UAE

Jayne is Regional Director of Six Seconds Middle East, Africa & India. With 25 years of leadership experience and a decade of practice in EQ, her passion is maximising the potential of people by supporting them to unlock their value and increase performance both personally and professionally.

**09:00 Welcome: People-Metrics**

- People-metrics are high on HR's agenda.
- Where does EQ fit?
- What value can it add for leaders focused on performance?



**Ayman Sawaf**  
*EQ-preneur*  
UK

Ayman Sawaf is an international visionary entrepreneur, published musician and international best-selling author. He's the co-author of Executive EQ: Emotional Intelligence in Leadership and Organizations which pioneered emotional intelligence in the business world. Ayman is a Six Seconds' Board Member and is currently working on a platform to create the foundation of a new Arab personal development renaissance.

**09:30 Keynote: The EQ Balance Sheet and Resonant Leadership**

- The new Arab spring. The personal development R(evolution).
- Emotional alchemy. The inner technology of the future.
- Resonance leadership. Resonating with beauty, goodness and truth.



**Nehad Tadros**  
*EQ Deliverer*  
Jordan / UAE

Nehad is Global Coaching and Leadership Development Director at Aramex. She is a professional certified executive coach, EQ Assessor and Trainer - and a long-term member of the Six Seconds MEAI Network. She is a member of the Dubai Business Woman's Council and a Board Member of the UAE ICF Chapter.

**10:50 Case Study: How EQ Drives Success**

- Creating impact with EQ to drive success.
- Using the Six Seconds Emotional Intelligence (SEI) Assessment to deliver leaders.
- How to ensure that the changes are sustained.





**Erdem Ercan**  
*EQ Change Connector*  
Turkey

Erdem Ercan is a Six Seconds' Preferred Partner in Turkey. He combines 12 years of managerial experience, with 12 years as an entrepreneur and over 650 coaching hours to support EQ development through workshops and coaching for global organisations. He has also successfully combined his passions for coaching and tango to develop the ICF accredited workshop, "Tango & Coaching".

#### 10:50 Case Study: Positive Change Through EQ Coaching & Training in Business Life

- Explore real success stories
- How did EQ help these success stories?
- What really creates the difference?



**Dr Abdulhai H Megdad**  
*Possibility Awakener*  
Saudi Arabia

Dr Abdulhai Megdadi is the CEO of Mega, a Six Seconds' Preferred Partner based in Riyadh. He has over 20 year of professional experience in HR and currently leads a team of consultants, trainers and coaches to work with leaders and teams to increase performance within the Kingdom and beyond.

#### 10:50 Case Study: The Vital Signs of Trust

- Explore the Vital Signs as leading Organizational Development tool.
- Discuss the impact of trust on workplace performance.
- Share cases from the Middle East Leaders.



**Chantel Samanek**  
*Change Designer*  
South Africa / UAE

Chantel is trained in Clinical Psychology, as well as an EQ Practitioner and Assessor, a Vital Signs Consultant and an NLP Coach. She has an MBA with Change Management as her dissertation focus. Chantel is passionate about facilitating change through learning and assisting clients with designing strategic development solutions.

#### 11:30 Workshop: The Ripple Effect of EQ – The DNA of Effective Teams

- Introduce a working framework for the link between "emotions drive people, people drive performance" at a team level.
- Discover a powerful map with EQ as a compass.
- Create an effective, optimal performing team that drives organizational goals and the overall vision.





**Robin Hills**

*Empowerer of Emotional Management  
UK*

Robin is Director of Ei4Change, a company specialising in training, coaching and personal development focused around emotional intelligence, positive psychology and neuroscience. Through his work, Robin has researched emotional resilience within the work environment focussing on experiential techniques that support coaching interventions.

**11:30 Workshop: Images of Resilience**

- Gain new insights and perspectives around resilience.
- Explore the use of a coaching toolbox designed to facilitate the development of personal and team resilience.
- Understand the use of metaphor as an expression of resilience.



**Dr Peter Hatherley-Greene**

*Nationalisation Specialist  
New Zealand / UAE*

Peter has a PhD in Middle Eastern culture and education and has lived and worked in the UAE for over 22 years. As commentator and writer on local and regional issues, Peter's articles are regularly published in the local media. His consultancy company, Emarise, focuses on improving National recruitment and retention.

**11:30 Workshop: Debunking Arab Stereotypes**

- Essentialist cultural stereotyping is largely unhelpful in this messy, globalised world.
- Arab cultural 'types' are rapidly changing due to the onslaught of a cultural tsunami, a rentier society, and globalisation.
- EQ is a potent instrument with which to manage potential communication issues due to cultural and paradigmatic differences



**Larisa Sohorca**

*EQ Performance Enabler  
Romania / UAE*

Larisa is the People Development Partner at Dynamic Learning, a Six Seconds' Preferred Partner. Her passion is EQ and her strength lies in integrating this and the latest neuroscience into practical tools for her clients in the Middle East. Larisa is currently pursuing a Master in Coaching and Behavioural Change at Henley Business School in UK.

**13:30 Workshop: The Ripple Effect of EQ – EQ is My Job Description**

- Introduce a working framework for the link between "emotions drive people, people drive performance" at the individual level.
- Create a powerful map for using EQ as the enabler for optimal performance.
- Provide actionable tools to strengthen self-awareness.





**Lea Brovedani**  
*Trust Architect*  
*Canada*

Recently honoured at Trust Across America 2017 as a Top Thought Leader in Trust, Lea is author of two books “TRUSTED – Secret Lessons from an Inspired Leader” and “Rebuilding Trust” as well as co-author of 3 others. Prior to her work in trust Lea spent 10 years studying and working in the field of emotional intelligence.

**13:30      Workshop: The 5 Commandments of Trust for Successful Leadership**

- Learn the 5 essential commandments of trust.
- Identify the opportunities for building trust.
- Recognize when trust is at risk.



**Mat East**  
*Lego Landscape Director*  
*UK / UAE*

Mat is committed to self-development and has attained several qualifications to that effect. He gained a Level 7 Masters on the National Educational Framework in Leadership and Management. He is qualified as a professional coach and NLP Practitioner. He is a certified LEGO SERIOUS PLAY facilitator, one of only a handful in the UAE.

**13:30      Workshop: Are you bitten by snakes every day?**

- Using Lego as a medium, learn to focus on your strengths.
- Discover the value of letting go.
- And breaking the patterns of habitual thinking.



**Katherine Roff**  
*Vision-Made-Visible Director*  
*UK*

Katharine is the CEO of Act Positive, a UK based behavioural change consultancy which enables people to think, feel and act positively. Film, live drama and the use of story drives engaging, lively and experiential learning. Imagine a character, their situation and being able to walk in their shoes; that is the hallmark of her work.

**15:30      Workshop: Crossing the Line**

- Develop insight to emotional and behavioural patterns.
- Create new ways of navigating thoughts, feelings and actions.
- Practise getting results by crossing the line between current and future emotional states.





**Alison Lalieu**  
*Neuro-Coach with Heart*  
*Australia*

Alison Lalieu is a brain-based NeuroCoach, who is deeply passionate about blending Emotional Intelligence (EQ) concepts into a holistic, life changing Coaching experience. As the founder and CEO of UBalancer Solutions, Alison and her team of 20 NeuroCoaches are dedicated to super-charging the effectiveness of tomorrow's leaders, today.

**15:30 Leadershift Essentials – An EQ-NeuroCoach Approach**

- Explore the need for a new flavour of leadership.
- Gain insights from 3 case studies showing how we achieved results.
- Practise a coaching approach to shifting leaders.



**Yuyang (Young) Zou**  
*EQ Community Activator*  
*China*

With cross-cultural leadership and training experience in both NGOs and corporates, Yuyang, also called “Young,” connects and empowers EQ practitioners, trainers, coaches, educators and leaders in China to create value with emotional intelligence and to develop an EQ network for sustainable positive impact.

**15:30 Be in the 30% who succeed in CHANGE**

- Experience how to increase your possibility to succeed in change.
- Discover how to use the Change Map to guide yourself and lead others through change.
- Develop an action plan to create a positive change that really matters to you.



**Jayne Morrison**  
*Vision Awakener*  
*SA / UK / UAE*

Jayne is Regional Director of Six Seconds Middle East, Africa & India. With 25 years of leadership experience and a decade of practice in EQ, her passion is maximising the potential of people by supporting them to unlock their value and increase performance both personally and professionally.

**16:30 Closing: Joining the Dots**

- How do we “join the dots”?
- Interactive panel discussion with Speakers and Delegates.
- Insights, applications and opportunities to put take-aways into practice...

